



CO SAFETY CHECKLIST

This sheet is for your family's information only. We encourage you to go through your home using the safety checklist as a guide for talking about home safety.

CO ALARMS

Do you have working carbon monoxide alarms in your home? YES NO

Do you have an alarm installed on every level of your home? YES NO

Do you know carbon monoxide alarms should be tested monthly? YES NO

Are your appliances installed and operated according to the manufacturer's instructions? YES NO

Does your family know to not operate a portable generator (or any other gasoline engine-powered tool) either in or near an enclosed space such as a garage, house, or other building? YES NO

Does your family know to never burn charcoal inside a home, garage, vehicle, or tent? YES NO

Does your family know to never use gas appliances such as ranges, ovens, or clothes dryers to heat your home? YES NO

Does your family know to never operate unvented fuel-burning appliances in any room where people are sleeping? YES NO

Does your family know to never have a fire burning in a fireplace that has an obstructed chimney, a broken chimney connector pipe, or a rusted heat exchanger? YES NO

If you need carbon monoxide alarms, we have them available free of charge.

Please visit our websites for more information!



CO POISONING

Because CO is odorless, colorless, and otherwise undetectable to the human senses, people may not know that they are being exposed. The initial symptoms of low to moderate CO poisoning are similar to the flu (but without the fever). They include:

- Headache
- Fatigue
- Shortness of breath
- Nausea
- Dizziness

High level CO poisoning results in progressively more severe symptoms, including:

- Mental confusion
- Vomiting
- Loss of muscular coordination
- Loss of consciousness
- Ultimately death

Symptom severity is related to both the CO level and the duration of exposure. For slowly developing residential CO problems, occupants and/or physicians can mistake mild to moderate CO poisoning symptoms for the flu, which sometimes results in tragic deaths.

If you think you are experiencing any of the symptoms of CO poisoning, get outside to fresh air immediately. Leave the home and call your fire department to report your symptoms from a neighbor's home.